



**Therapy with Adoptive and Foster Families
Postgraduate Certificate Program**

Information and Application Packet

Dear Applicant,

Thank you for your interest in the Therapy with Adoptive and Foster Families Postgraduate Certificate Program. Enclosed is the information and application packet for this program. Please return the completed application packet to Kellie Herold at the address below.

If you have any questions, please let us know. We look forward to having you in the program.

Sincerely,

Kellie

Kellie Herold
Therapy with Adoptive and Foster Families
Training and Postgraduate Certificate Program
Portland State University/Child Welfare Partnership
520 SW Harrison Street, Suite 440
Portland, OR 97201
503-725-8539 or kellieh@pdx.edu

Enclosures (1 packet)



Therapy with Adoptive and Foster Families

Advanced Training in Therapy with Adoptive & Foster Families

- Workshops, online courses, case consultation
- A post-graduate training certificate

A series of advanced, evidence-based courses on specialized theories and practices for treating adopted and foster children and their families.

Relevant for those working with children and families impacted by adoption, foster care, relative care and child abuse, trauma and neglect

Flexible Format

- Advanced training workshops, online courses, and case consultations
- Distance option available
- Post-graduate training certificate

Sponsorship: This program is a collaboration between: Portland State University (Graduate School of Education/Continuing Education and Counselor Education and School of Social Work and the Child Welfare Partnership), the Oregon Department of Human Services (DHS) and Oregon Post Adoption Resource Center (ORPARC)

Mental Health Therapists: The series provides the therapeutic and knowledge and skills to:

- Identify and enhance adoptive and foster care families' strengths and resiliencies to support their children
- Treat the mental health issues of children with histories of child abuse, trauma and neglect
- Guide adoptive and foster families in developing alternate approaches, expectations, and interactive strategies for helping their children develop and thrive
- Provide accessible mental health services to adoptive and foster families throughout Oregon

Oregon Directory: A directory of mental health professionals who have completed the training certificate is available from Oregon's Department of Human Services, the Oregon Post Adoption Resource Center (ORPARC), and Oregon licensed private adoption agencies.

Child Welfare Professionals: The series provides the advanced training to:

- Recognize and encourage adoptive and foster care families' strengths and resiliencies to support their children
- Recognize the emotional, behavioral, and mental health issues of children with histories of child abuse, trauma and neglect
- Support adoptive and foster families in developing alternate approaches, realistic expectations, and strategies for helping their children develop and thrive
- Improve skills to prepare and select families for parenting children recovering from abuse, trauma and neglect

Continuing Education Hours: For mental health therapists, 100 contact hours of continuing education. For child welfare professionals, 74.5 contact hours of continuing education.

Faculty: Each element of the program features national and regional experts. Our in-class and online facilitator is an experienced adoption professional.

Program Schedule: Each course can be taken as a stand-alone workshop. All courses are offered one time per year. Professionals can enter the program at any time during the year except May.

Program	DVD	Introduction to the adoption certificate program, the Preparation Oregon mental health system, and evidence-based practices
Sept Face-to-face	Fri Sat	Overview of Adoption & the Oregon Adoption System Central Elements of Preserving Placements (CC*)
Oct Online	Oct 1-31	Clinical Practice with Adoptive and Foster Families
Nov Face-to-face	Fri Sat	Fetal Alcohol Spectrum Disorders (FASD) and Other Drug Effects on Families (CC*) The Impact of Abuse, Trauma and Neglect on Child Neurodevelopment (CC*)
Dec	OFF	
Jan Online	Jan 1-31	Attachment and Bonding
Feb Face-to-face	Fri Sat	Trauma and Dissociative Disorders: Assessment, Diagnosis and Intervention (CC*) Promoting Positive Sexual Development Following Abuse (CC*)
March Online	Mar 1-31	Clinical practice with Diverse Adoptive and Foster Families
April Online	April 1-30	Family-Based Therapeutic Strategies: Coaching Adoptive and Foster Parents
May Face-to-face	Fri & Sat	Putting Adoption Therapy into Practice NOTE: This course is for therapists only and should be taken as the last course in the program .

* CC = Case Consultation

Program Cost: Participants pay a fee for each workshop, online course and case consultation, due at the time of registration. Upon acceptance into the full certificate program, there is a one-time administrative fee of \$150.

Post Graduate Training Certificate Information: Mental health therapists who have been admitted to the Postgraduate Training Program receive a Certificate of Completion in adoption and foster family therapy upon successful completion of the program. To earn the certificate, therapists must be admitted to the program and complete all requirements in two years. The Certificate can be completed in one year if all workshops are taken in consecutive order.

Applications are accepted throughout the year. For therapists beginning the program in September, applications can be submitted beginning April 1. A September start is recommended for all participants. If you plan to complete in one year, a September start is required.

For questions or to request an application packet

Kellie Herold 503 725-8539 or kellieh@pdx.edu
 Marion Sharp 503 725-4876 or sharpml@pdx.edu
 Application packets are also available online at www.ceed.pdx.edu/adoption
 Click on Admissions

Return completed application packets to

Kellie Herold
 Adoption and Foster Families Postgraduate Certificate Program
 Child Welfare Partnership, PSU
 520 SW Harrison St, Suite 440
 Portland OR 97201

Admission Requirements

Therapy with Adoptive and Foster Families Postgraduate Certificate Program

Applicants to the Therapy with Adoptive and Foster Families Postgraduate Certificate Program are evaluated on the basis of their academic background, practical experience in the field and personal qualifications appropriate for effective application of the program studies. A master's degree in a counseling-related field is required. Preference is given to licensed therapists. Please complete the following sections and return to Kellie Herold.

Section A: Background and Practical Experience

- Complete the Application for Admission form
- Submit a current resume.
- Submit a signed copy of the Oregon Department of Human Services policy on holding therapy.

Section B: Essay

Answer the following questions (please be specific):

- How will the Certificate Program prepare you to work with or enhance your work with adopted and foster children and their families?
- Based on your current knowledge of counseling/therapy in working with adopted and foster children and their families, what theoretical/philosophical approaches make the most sense to you? Why?
- What areas of study or research are of particular interest to you?

Your response should be typed, double-spaced, and limited to two pages per question.

Section C: References

- Provide two professional letters of reference. One letter should be from a clinical supervisor who is acquainted with your practical experience in the field. Both letters should speak to your professional qualifications. References may be contacted for additional information.

When you have completed and assembled all the information, send your application packet:

Kellie Herold
Therapy with Adoptive and Foster Families Postgraduate Certificate Program
Portland State University/Child Welfare Partnership
520 SW Harrison Street, Suite 440
Portland, Oregon 97201

Thank you for your interest in the Portland State University Therapy with Adoptive and Foster Families Certificate.